

Wuji Wellness, LLC
Body Contouring
602.456.1646

Body Contour Guidelines for Optimum Results*
From the Herbal Crème Body Wrap

Eating and Drinking:

AVOID THE FOLLOWING FOR 36 HOURS BEFORE YOUR WRAP

- Caffeine
- Red Meat
- All sugars (Including honey)
- White Flour products (Bread, Pasta)
- Carbonated Drinks, including carbonated water
- Alcohol and non-prescribed drugs
- Nicotine (avoid as much as possible)

DO DRINK 2 quarts or more per day of distilled, filtered or spring water. Water helps the body to rest and begin its cleansing process.

Fruits, vegetables and herb teas are great!

What to Wear:

Women: A bikini or bra and underwear/ thong

Men: A bathing suit or gym shorts

What to Do:

1. Eat 3 or more hours before your wrap for stomach comfort.
2. Control your fluid intake 1 to 2 hours before your wrap. Your wrap takes 1 1/2 hours and you will be unable to use the restroom during that time.
3. **Do Not** shave your legs on day of body wrap.
4. Have your body free of creams, lotions and perfume. These act as a barrier to the body wrap crème.

Permissions and Contradictions:

Clients under 18 must have written consent of parents or guardian.

If under a doctor's care or on medication, check with your doctor before having a wrap.

DO NOT HAVE A WRAP IF YOU'RE PREGNANT OR NURSING, HAVE A HEART MONITOR, UNCONTROLLED HIGH BLOOD PRESSURE OR PERVASIVE SKIN RASH.

M'lis CONTOUR Body Wrap Cream

Ingredients: Aloe Vera, Sesame Oil, Stearic acid, Glyceryl Stearate, Soybean Oil, Palmitic Acid, Glycerine, Isopropyl Myristate, Allantoin, Avocado Pulp, Ivy Extract, Centella Abiatica Extract, Tea Extract, Avocado Extract, Cassia, Panthenol, Garlic Oil, Niacinamide, Retinyl Palmitate (and) Ergocalciferol (Vit. A), Triethanolamine, Propylene Glycol, Methylparaben, Propylparaben, Tetrasodium Edta.

Safety: Keep Out of Reach of Children.

Do not use if pregnant, nursing, have a heart monitor, uncontrolled high blood pressure or pervasive skin rash.

M'lis CONTOUR-SENSITIVE Body Wrap Cream

Sensitive Ingredients: Aloe Vera, Sesame Oil, Stearic Acid, Glyceryl Stearate, Soybean Oil, Ivy Extract, Spiraea Extract, Clematis Extract, Avocado Pulp, Centella Asiatica, Tea Extract, Bladderwrack Extract, Glycerin, Palmitic Acid, Allantoin, Panthenol, Isopropyl Myristate, Propylene Glycol, Retinyl Palmitate, & Ergocalciferol, Garlic Oil, Niacinamide, Chloroxylenol, Triethanolamine, Peppermint Oil, Methylparaben, Propylparaben, Tetrasodium Edta.

Safety: Keep Out of Reach of Children.

Do not use if pregnant, nursing, have a heart monitor, uncontrolled high blood pressure or pervasive skin rash.

REPAIR Tissue Repair Cream

Originally formulated to minimize scar tissue formation following surgery, REPAIR can help to reverse the scarring process and diminish most types of newly formed scar tissue. REPAIR helps with all types of dry and damaged skin, including burns, scars, eczema, psoriasis, stretch marks, abrasions, poison oak, poison ivy, and sunburn. This amazing cream combines the most powerful natural tissue rebuilders available. It is chemical-free and safe for use on any type of skin. REPAIR has the ability to penetrate up to 25 cell layers to moisturize and provide nutrients to naturally restore.

Active Ingredients: Aloe Vera, DI Water, Glyceryl Stearate, Sesame Oil, Stearic Acid, Glycerin, Cetyl Alcohol, Propylene Glycol, Eucalyptus Oil, Methyl Salicylate, Allantoin, Panthenol, Beta Carotene

*Disclaimer: The information provided is general information and education purposes only. It is not a substitute for medical evaluation, care or advice. If you feel that medical interventions are necessary and/or you have questions regarding evaluation, diagnosis, and/or treatment of conditions about which you have concern, please consult with your health care provider.