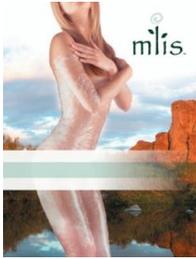


## About Body Contouring



**Body Contour Wrap** is an all-natural holistic approach to body contouring that has been helping people lose cellulite and inches since 1979. When the body's circulation and elimination systems become impaired, toxins and waste materials become trapped in the vulnerable fat cells of the connective tissue. The Contour Wrap uses circulation and gentle pressure to flush toxins and waste materials from the system through internal detoxification of the body. Stored toxins are permanently removed at the cellular level through the circulatory and lymphatic systems. This creates a permanent inch loss of up to 14 inches, while improving general health, nourishing the skin, and contouring the soft areas of the body.

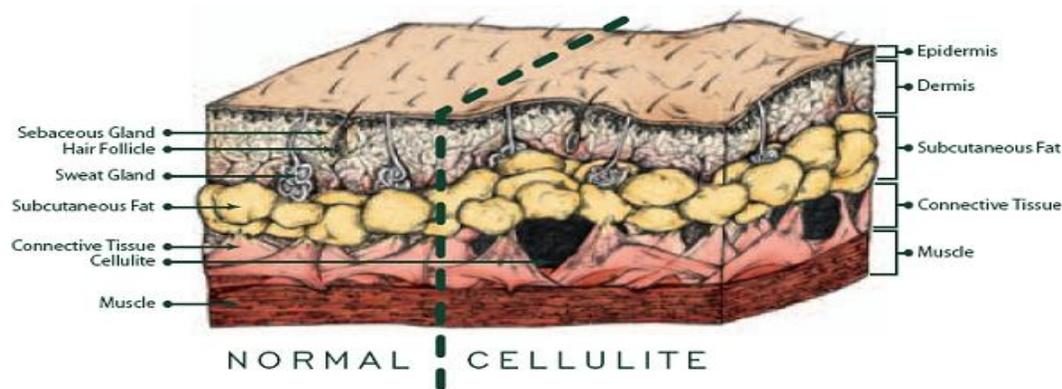
Developed by a bio-chemist from the UCLA medical center, this wrap process was originally formulated to encourage circulatory and lymphatic flow in patients. It was meant for those suffering from diabetes or any disease that inhibited circulation, especially in the lower extremities. Research showed that because of this increased flow of both the lymphatic and the circulatory systems, the patient also was experiencing cleansing of the tissues. This, in turn, caused healthy inch loss through internal cleansing. Not only did the body benefit internally, but the external benefits of contouring and inch loss made this wrap ideal for the spa industry as well as the medical profession. Inch loss, diminishing of cellulite, and body contouring can be permanent and completely safe. Many body wraps have come and gone, but the Contour Wrap has been in Holistic spas, helping people lose inches, for over 25 years. The following are the Contour Body Wrap therapy major benefits:

- Lose up to 1/2 dress or pant size with each wrap
- Not a water loss – skin and body stay hydrated
- Benefits are immediate and the inch loss is real
- Aids in breaking down trapped toxins that cause cellulite
- Stimulates circulation
- Reduces water retention
- Helps to lose excess inches while losing weight
- Tightens and tones the skin
- Uses herbal formulations which work externally to internally
- Inch loss is permanent

A series of 3 to 6 Body Contour Wraps is recommended, with 4 to 7 days between each wrap. If a client is overweight and on a weight loss program, a wrap is suggested for each 5 to 10 pounds lost.

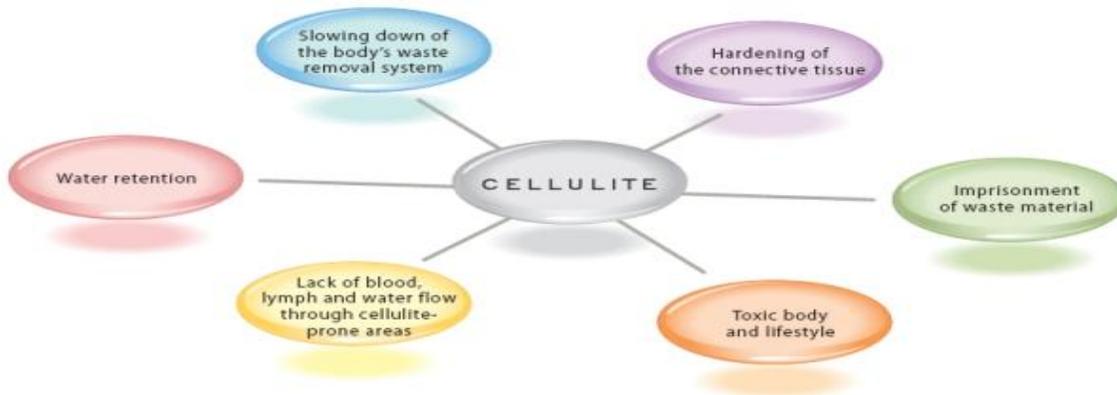
### What is Cellulite ?

Cellulite can be described as a condition of uneven deposits of fat, water, and wastes that have become trapped in connective tissues of the body, just below the skin's surface. Cellulite occurs primarily in the hips, knees, upper thighs, abdomen, buttocks and upper arms. Studies of cellulite found the biggest contributor toward a cellulite condition was poor blood circulation. However, toxic accumulation and fluid retention are major contributing factors in the formation of cellulite. Loss of blood flow to an area, whether from lack of exercise, excessive sitting, clogged arteries, or nutrient deficiency, can have a disastrous impact on cellulite formation. According to cellulite experts, cellulite generally accumulates in areas with poor circulation, and as a result, the toxins and waste materials get more clogged and harder to remove. The amount of damage that inhibited blood and lymph flow can do in fragile connective tissue cannot be calculated, but every system of the body is adversely affected when cleansing systems are reduced or blocked.



- Cellulite is not fat, but rather a toxic body condition combined with edema and a lack of circulation.
- A person does not have to be overweight to have cellulite – thin people are also affected.
- Cellulite does not respond to normal weight loss and exercise programs.
- 8 out of 10 women have cellulite.

## Causes of Cellulite



Cellulite is a toxic body condition! In order to permanently eliminate cellulite, you must start at the source of the toxic body, and detoxify internally. If you have a toxic colon, and in return are hampering the elimination of toxins, you will ALWAYS have cellulite. Toxins and putrefied materials stored in the colon are carried into connective tissues, where they are deposited, forming cellulite. The M'LIS Detoxification Program works hand in hand with the Contour Program, not only to enhance the elimination of cellulite, but also to help prevent its formation in the first place.

## Contributions to Cellulite

